|  |
| --- |
| **C Commitment to Carers*** **We will identify you.**
* **We will recognise and value your contribution.**
* **We will support your health needs.**
* **We will connect you to wider emotional and practical support.**
 |

**Carer Offer Checklist – consider which of these areas you could offer carers?**

|  |  |  |  |
| --- | --- | --- | --- |
| **Support areas** | **Yes?** | **What we will offer** | **How will we communicate?** |
| * **Defined health support**
* flu vaccinations,
* health checks,
* screening for anxiety and depression.
 |  |  |  |
| * **Accessible appointments**
* double appointments,
* virtual appointments (telephone and video consultations)
* A time window for telephone appointments
* home visits for carers (if they can’t leave person being cared for)
 |  |  |  |
| * **Emergency planning** for the person with care needs in partnership with key partners – CSWS, Carers Health Team.
 |  |  |  |
| * **Inclusion in care planning** for the person with care needs (where appropriate and with consent). We will recognise and value your contribution.
 |  |  |  |
| * **Sharing medical information with the carer** (where appropriate and with consent) so that the person with care needs can be effectively supported.
 |  |  |  |
| * Enabling **online proxy access** (where appropriate and with consent) to improve carer digital access to medical information, consultation records, test results and improve organisation of appointments and prescriptions.
 |  |  |  |
| * Include information about caring in **referrals to secondary care** for carer and person with care needs.
 |  |  |  |
| * Referral (with consent) to wider emotional and practical support via Carers Support West Sussex.
 |  |  |  |
| * Anything else we want to offer carers?
 |  |  |  |
| * Anything else we would like to offer carers
 |  |  |  |