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| **C Commitment to Carers**   * **We will identify you.** * **We will recognise and value your contribution.** * **We will support your health needs.** * **We will connect you to wider emotional and practical support.** |

**Carer Offer Checklist – consider which of these areas you could offer carers?**

|  |  |  |  |
| --- | --- | --- | --- |
| **Support areas** | **Yes?** | **What we will offer** | **How will we communicate?** |
| * **Defined health support** * flu vaccinations, * health checks, * screening for anxiety and depression. |  |  |  |
| * **Accessible appointments** * double appointments, * virtual appointments (telephone and video consultations) * A time window for telephone appointments * home visits for carers (if they can’t leave person being cared for) |  |  |  |
| * **Emergency planning** for the person with care needs in partnership with key partners – CSWS, Carers Health Team. |  |  |  |
| * **Inclusion in care planning** for the person with care needs (where appropriate and with consent). We will recognise and value your contribution. |  |  |  |
| * **Sharing medical information with the carer** (where appropriate and with consent) so that the person with care needs can be effectively supported. |  |  |  |
| * Enabling **online proxy access** (where appropriate and with consent) to improve carer digital access to medical information, consultation records, test results and improve organisation of appointments and prescriptions. |  |  |  |
| * Include information about caring in **referrals to secondary care** for carer and person with care needs. |  |  |  |
| * Referral (with consent) to wider emotional and practical support via Carers Support West Sussex. |  |  |  |
| * Anything else we want to offer carers? |  |  |  |
| * Anything else we would like to offer carers |  |  |  |